

“The Sky’s the Limit” when we COMFORT, PLAY & TEACH!

**FREE Infant Mental Health Promotion Day
Wednesday May 9, 2018**



Holy Angels EarlyON Centre



102 Wellington St. E

9:00 a.m. to 4:00 p.m.

Drop-in, parent-child art activities, and healthy snacks!

**Learn how you contribute to your child’s mental wellness when you
COMFORT, PLAY WITH, AND TEACH your child.**

Bring a friend. Attendance is FREE!

Parent-Baby Yoga sessions at 10:00 a.m. & 2:00 p.m.



Registration required for yoga!

705-945-8898 ext. 255

